## **SRO LESSON**

### **POISON & MEDICINE SAFETY**



#### **Objectives**

- 1. To Learn that every home has poisons, medicines and vitamins
- 2. To identify some of those poisons and medicines
- 3. To learn that poisons often come in bottles and containers that look very similar to food and drink, and medicines/vitamins often look like candy
- 4. To discuss steps to keep us safe from them; and if used properly by adults you won't be hurt

### **Supplies**

1. Poison Kit with poisons and medicines/vitamins

### **Activities for Poisons**

- Discuss how all homes have poisons inside of them. The following are some of the most commonly found:
  - a. Household cleaning items
  - b. Gas, oil, car fluids, fertilizer, weed killer, bug spray, etc
- 2. Discuss how often these are kept in cupboards, cabinets, garages, sheds and other areas that are accessible to kids. Explain how they should be kept out of reach of children
- 3. Use provided poison kit to show that often poisons (household cleaning items) come in bottles and containers that look very similar to food and drink and how they can be easily confused
- 4. Explain that all poisons have a purpose and if used properly by a parent you won't be hurt

# **Activities for Medicines**

- Explain that all homes have medicines and vitamins and children should never get into them on their own. Only a parent should give them medicine (use provided medicine bottles, vitamins for visual aids
- 2. Discuss the importance of parents giving us the right kind and the correct amount of medicine and vitamin
- 3. Tell students that often pills and vitamins often look like candy, such as gummy bears, M&M's, skittles, sweet tarts, tic tacs, etc.
- 4. Encourage students to go home and discuss with parents and make sure that their medicines are either kept somewhere up high or locked up and out of the reach of children